



MINOR HEALTH & FITNESS LIABILITY WAIVER

I, _____ (parent/legal guardian) consent to the following for
_____ (minor child):

1. My child is voluntarily participating in an exercise class at PDR Physical Therapy & Wellness Center (PDR). I recognize that the programs/classes require physical exertion that may be strenuous at times and may cause physical injury and I am fully aware of the risks and hazards involved.
2. I represent and warrant that my child has no medical condition that would prevent his/her participation in the programs/classes. I understand that it is my responsibility to consult with a physician prior to and regarding my child's participation in the above programs/classes or use of equipment.
3. I knowingly and voluntarily and expressly waive any claim I may have against PDR Physical Therapy & Wellness Center or any instructor, employee, officers, owners, personal trainer, or volunteer of PDR for injury or damages that my child may sustain as a result of participating in the programs, classes or by use of equipment.
4. I, my heirs or representatives forever release waive, discharge, and covenant not to sue PDR Physical Therapy & Wellness Center, its employees, officers, owners, and sub-contractors for any injury or death caused by their negligence or other acts. I understand that misuse of equipment may result in injury.
5. By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending an exercise class at PDR and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at PDR may result from the actions, omissions, or negligence of myself and others, including, but not limited to, PDR employees, trainers, other members, or their families.
6. I understand the minor membership policies set by PDR. I understand that failure to follow these policies or misuse of equipment is a direct violation of the membership agreement and may result in the revocation of my child's membership.
7. PDR gymnastics program for children is based on enrollment (a reserved space), not attendance. To maintain a space within our program, fees must be paid during the absence of a child due to illness, or for any other reason of the absence. There will be no pause option unless otherwise approved by management. No make-up days/classes are allowed due to absence.

I have read the above waiver and release of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Parent/Guardian Signature: _____ Date: _____

Parent/ Guardian Name (Print): _____

Minor Name: _____ DOB: _____